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CONGREGATION BETH DAVID IN PARTNERSHIP WITH CONGREGATION SINAI

HEBREW HIGH CALENDAR • 2009-2010 • 5770

FIRST SESSION

SECOND SESSION

OCTOBER
1 - Registration Night
8 - First Night

15
22
29

DECEMBER
3

JANUARY
7
14

22 - Teen Shir Shabbat
6:30 p.m.

NOVEMBER

5
12
15 - Teen Screen
2-4 p.m. at the Levy
Family Campus
19

FEBRUARY

4
11
25

MARCH

4
11
18
25

March of the Living
April 7-21

APRIL

8
22
29

MAY

6
13
20 - Shavuot special
program
27

**JUNE 5 -
Hebrew High Graduation**

**HEBREW HIGH IS OPEN TO ALL JEWISH TEENS IN THE SOUTH BAY!
CONGREGATION BETH DAVID • 408-366-9118 • 19700 PROSPECT ROAD, SARATOGA, CA**

ALL CLASSES MEET ON THURSDAYS FROM 7 P.M. - 9 P.M.

congregation beth david

HEBREW HIGH 2009 fall session

what are you really doing ON Thursday nights?

Here's the best excuse for getting out of chores, homework, and babysitting:

HEBREW HIGH!

Did you know that more than 95 Jewish teens from all over Silicon Valley gather weekly to learn and hang out?

Hot Topics, Kosher Sex and So Much More, Living a Jewish Life As An Adult, and Jewish Civics Initiative are just a few of the classes taught by dynamic educators.

We promise: no homework, no grades, no stress.

Save the date:

Hebrew High begins with the first night of class on October 8th

WHAT MAKES A GOOD TEACHER?

with Irene Swedroe

How can I be a good madrich(a)?

This class is a training and information seminar for those Hebrew High students who have been asked to be regular religious school aides or shadows (aides for the learning needs students).

The class will focus on establishing learning behavior, classroom management strategies and confidentiality contracts between the classroom teacher and the aide/shadow. The class will cover the following topics: What is the meaning of madrichim? What are the tools needed to be a good madrich(a)? There will be sessions that cover disability awareness and simulation exercises. Discussions on how to tutor Hebrew one-on-one, designing your own lesson and sharing of experiences with each other will also be part of this class. Class will meet at 6 p.m. All new madrichim are required to take this course. Second and third year madrichim must only come to class the last Tuesday of the month. All grades welcome.



CORE CLASSES:

8th GRADE:

HOT TOPICS

with Irene Swedroe

An examination and discussion class of current topics in social, religious, and individual life from a Jewish perspective. This class will include explorations of drinking and drugs; bullying; cheating and dishonesty; body piercing and tattooing; dating; and, why God lets bad things happen.



HEBREW HIGH FALL 2009

9th GRADE:

THE JEWISH AMERICANS with Bonnie Slavitt Moore

In this class we will explore the immigration, identity, contributions, assimilation, discrimination, changes, and confrontation of the Jews in America. We will examine ways that Jewish life fits into U.S. history through video clips, activities, discussions and hands-on projects.



10TH GRADE:

KOSHER SEX AND MORE...

with Rabbi Schonbrun and Monique Alexander

This class will have two areas of focus. The first will explore what Judaism has to say about the “who, what, where, when, and why” of sexuality. We will discuss a variety of topics such as sexual attraction, sex within marriage, non-marital sex, sexually transmitted diseases, sexual behaviors, and Jewish views on body image. The second will look at what Judaism has to say about healthy relationships. We will look at the components of friendships, dating relationships and family relationships and learn about the dynamics of both healthy and abusive relationships. During certain lessons the class will be divided according to gender.

11th Grade:

OUR ISRAEL...with Vanina J. Sandel Mutchnik

This course will introduce students to Israel as it exists today. By looking at Israeli music, history, news media, politics, films, literature, and technology we will explore Israel’s culture and current events. Students will have the opportunity to meet first-hand young Israelis living in the Bay Area and discuss the role Israel plays in our lives and how we can relate to Israel as a modern society. In the spring you will learn tools and skills so you can properly advocate for Israel on college campuses to help prepare you for university life.



12th GRADE:

LIVING A JEWISH LIFE AS AN ADULT with Dottie Miller

Students will explore and discuss the big ideas of Judaism: God, prayer, ethics and the meaning of life.

ELECTIVES:

YOU CAN CHANGE THE WORLD, ONE SANDWICH AT A TIME with Bonnie Slavitt Moore

The Talmud says: “whoever saves a life, it is considered as if s/he saved an entire world”. A commitment to tikkun olam (repair of the world) is a defining characteristic of Judaism. Our tradition says also that while we cannot finish the task of tikkun, we are still responsible to do our part. In class we will explore many areas that need repair and together we will work on different hands-on projects to help improve them. We will learn about many mitzvot involved in tikkun olam, and how they relate to topics such as poverty (and its implications), homelessness, hunger, respect for human life, visiting the sick, and taking care of animals. Each of the students will see the impact they can make by doing tzedekah projects for our local community, both Jewish and non-Jewish. We will also do a fundraiser and distribute the money to several of the agencies we work with. By the end of the course each student will see how each individual person can make a meaningful difference, one step at a time. All grades are welcome.

HEBREW HIGH FALL 2009

ARTISTIC EXPERIENCES IN JUDAISM with Hemy Beer

Learn about a variety of Jewish symbols and objects connected with the holidays, lifecycle events and Judaism. Using a variety of media forms, this class offers a hands-on experience in making Jewish ritual objects. You will also explore the lives and works of Jewish artists, their choice of subject matter, symbolism, color, composition, use of materials and techniques. Expect to gain insight into your Jewish art heritage and take home many special items to treasure for a lifetime. (There is a \$25 fee for additional program expenses.) All grades welcome.



WHAT'S NU? with Charlie Marr

Who's in the news this week? Is he or she Jewish? Find out in this class, which will look at both the light and serious stories that appear in the weekly news. Subjects will include entertainment, politics, technology, odd stories, and more. In this class you will learn the truth behind the headlines and the background information that will help you understand what is going on in the world today and how it affects you as a Jewish teenager. All grades welcome.

JEWES AND COMEDY with Vanina J. Sandel Mutchnik

Look up in the sky: It's a bird. It's a plane. No, it's a minyan of comic book superheroes and their geeky Jewish creators. From its inception, the modern comic book has been a friendly domain for Jews, from Marvel's Stan Lee to Maus' Art Spiegelman. Hawkman, the Flash, Thor, Superman and Batman were all created by overactive Jewish imaginations. But like some dark secret held until the last cryptic panel, the Jewish connection to comics has only recently gotten any serious ink. Why the Jews? How did the People of the Book become People of the Comic Book? All grades welcome.

JEWISH COOKING with Leslie Drori

Learn about the nature and significance of various traditional Jewish foods. This class will teach you how to cook many favorite Jewish recipes. All grades welcome.



THE DAVID PROJECT with Norm Abramovitz

This class will take a unique approach going beyond facts, teaching how to critically analyze information and ideas which unfairly depict Israel as the cruelest of nations and the primary cause of conflict in the Middle East. This class will provide students with the fundamental facts necessary for being effective advocates, and a way of thinking about the Arab-Israeli conflict that can help them deal with new and unexpected challenges they may face in the future. By learning how to think about the conflict, students gain confidence and are more likely to speak up for Israel. All grades welcome.

THE MEANING OF LIFE...OR NOT with Dan Appelman and Dottie Miller

This classes discussions will deal with life's big questions with guest appearances by Koheleth "the preacher," Dan "the man", Job's friends, Monty Python and others.

HEBREW HIGH FALL 2009

FROM GENERATION TO GENERATION with Helaine Green

Here is your opportunity to hear from Holocaust survivors and develop a special bond with them. Their stories are ones of survival, wisdom, strength, courage, hope, and forgiveness, not to be missed! We are most fortunate to have this amazing opportunity as we will be the last generation to hear firsthand accounts. The primary goal is for you to establish a close connection with a survivor in order to preserve his/her memories for future generations.

Topics of discussion will include genocide, anti-Semitism, life before, during, and after the Holocaust, Holocaust art, righteous among the nations, camp liberation from the perspective of a Japanese-American internee, a session covering the book *The Sunflower*, and religious perspectives surrounding the topic of forgiveness. We will have discussions that will provoke critical thinking and reflection.

All students are cordially invited and encouraged to go on the 2010 life-changing March of the Living trip to Poland and Israel in April. This class is required for those who plan to attend. Grades 10-12th.

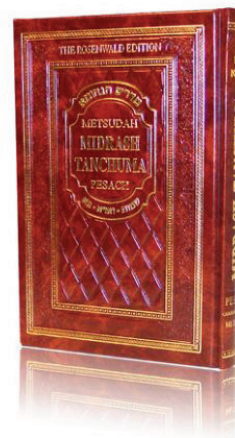
TORAH LEADERS & YOUTH SERVICE LEADERS with Barbara Biran

Torah leaders will learn the necessary advanced skills required to be good Torah readers and develop the teaching proficiency to train younger children in this art. Those who successfully complete this course will immediately begin teaching young new Torah readers and preparing them for their first Torah reading assignments in Youth Congregation. Youth service leaders will share their thoughts for improving services! They will learn new ways to make the service fun and enjoyable and also develop the skills to implement the ideas. All grades welcome.

ADULT EDUCATION MEETS AT 8 P.M. MEANINGFUL MIDRASH with Rabbi Aaron Schonbrun

Have you ever wondered what it means when you hear that a Jewish story or anecdote comes from "Midrash?" Have you ever been curious about how these rabbinic parables from the Midrash came to exist in the first place? Are you interested in learning more about the holidays through an exploration of traditional texts?

Please join us for a brief introduction to the world of Midrash and an examination of the Jewish Holidays through the lens of the 5th century work "Pesikta De-Rab Kahana." No previous text study experience is necessary. Please come with your curiosity and your questions as we explore this fascinating work of Midrash together.



HEBREW HIGH fall classes

registration form

Fall 2009 • 5770

Name _____

Grade _____

Student E-mail _____

Parent E-mail _____

Student Cell Phone _____

Please put 1 for first choice, 2 for second choice, 3 for third choice.

___ CHANGE THE WORLD, ONE SANDWICH AT A TIME

___ ARTISTIC EXPERIENCES IN JUDAISM

___ WHAT'S NU?

___ THE DAVID PROJECT

___ JEWS AND COMEDY

___ JEWISH COOKING

___ THE MEANING OF LIFE...OR NOT

___ FROM GENERATION TO GENERATION

___ TORAH LEADERS & YOUTH SERVICE LEADERS

**Please complete this
form and return to
the Beth David office.
Classes will be filled
on a first come first
serve basis.**



A ONCE-IN-A-LIFETIME EXPERIENCE FOR TEENS



Join Silicon Valley teens
on a community bus
April 7-21, 2010



THE MARCH OF THE LIVING is an international, educational program that brings Jewish teens from all over the world to Poland on Yom Hashoah, Holocaust Memorial Day, to march from Aushwitz to Birkenau, the largest concentration camp complex built during World War II, and then to Israel to observe Yom HaZikaron, Israel Memorial Day, and Yom Ha'Atzmaut, Israel Independence Day. The goal of the March of the Living is for these young people to learn the lessons of the Holocaust and to lead the Jewish people into the future vowing "Never Again."

High School students who will be in the 10th, 11th and 12th grades in the fall 2009 are eligible to participate. All qualified applicants will be carefully screened. Not everyone can be accepted. Each applicant must complete an application, medical form, submit an essay, participate in a personal interview and supply letters of recommendation. If you are chosen, you will be provided with a study curriculum on Poland and Israel, and will be expected to attend several educational seminars that have been specifically created to prepare for the March of the Living.

**AN OPPORTUNITY NOT
TO BE MISSED...SIGN UP NOW!!!**

Cost & Flights: This program will be partially subsidized and need based scholarships will be available. Cost per teen before any subsidy is \$5,200 (first 24 teens will get a \$1,000 subsidy from a generous grant from the Jewish Federation of Silicon Valley and the Koret Foundation). El Al & Lot (Polish Airlines) will be the principal air carriers. IYHA will be the principal land provider in Israel.

For information, please contact: March of the Living Teen 2010 Co-Coordinator
Ruth Zaltsmann & Lindsay Greensweig at 650.793.9587 or cbdhebrewhigh@aol.com



TEEN SHIR SHABBAT



A SERVICE OF SONG,
SPIRIT AND CELEBRATION!

**There will be
a wonderful
oneg with lots
of scrumptious
treats following
services.**

For information
please call
Congregation
Beth David,
408.257.3333

**January 22, 2009
6:30 pm**

Shlomo Carlebach was known as the Singing Rabbi, and he wrote many well-known Hebrew songs. He also created a new way of chanting the Friday night Kabbalat Shabbat service. Many people have found this to be a very spiritual, dynamic service. One person said, "It instantly opened my eyes to what, for the first time ever, I perceived as genuine prayer." Beth David has been using the Carlebach melodies on the fourth Friday night of every month for the last two years and the participation from teens and the Beth David community has been outstanding.

Come check out the more intimate seating and a Friday night siddur that emphasizes understanding, kavvanah, and spirituality. We promise you will be energized and inspired! One of our Hebrew High teens said, "This is the best Shabbat service I have ever been to - I am planning on coming with my friends every month."

The community is invited to be involved with this service!
You can get a CD of the melodies from Rabbi Schonbrun.

Come and let us "make a joyful noise!"

Special First Session Hebrew High Program with **Scott Fried**

Thursday, October 29

**6 p.m. Special Parent Program
with Scott Fried**

**7 p.m. – 9 p.m. Teen Program
with Scott Fried**

Teen Dinner from 6-7 p.m. will be provided



Scott will share an inside look at his new book, *A Private Midnight: A Teenager's Scrapbook of Secrets*. The book is part scrapbook and part workbook for teens and parents. It is based on ten questions that Scott wishes he was asked when he was a teen. The questions include, "When was the last time God spoke to you?" and "What does the emptiness inside feel like?"

SCOTT FRIED, who is a national public speaker, health educator and author, will be joining Hebrew High for a meaningful evening. He has devoted the past 15 years of his life to lecturing in nearly every state in this country, as well as Israel, England and Canada, reaching more than a million people. One teen wrote to Scott, "You impacted my life like no one has ever done. I feel like now I can be a better person and really think of what really matters in life."

www.scottfried.com

